



Creative Life Spiritual Center
and
The Sacred Activism Community
present



Sacred Activism

New Thought Discussion Group

with facilitators **Rev. Dr. Cynthia Lindenmeyer** and **Rev. Katie Rocks-Brigati**

Eight Thursdays • August 8—September 26
7:00-9:00pm CDT, via Zoom

Suggested giving is **\$20** per session or **\$150** for all eight—just do what you can.
Your donations support the work of the two sponsoring organizations.

Welcome to our Sacred Activism New Thought Discussion Group, where we embark on a journey to explore the transformative power of sacred activism at the intersection of various critical issues including women's rights, environmental stewardship, political engagement, racial equality, LGBTQIA+ rights, age diversity, mental health advocacy, and the exploration of psychedelics.

In this sacred space, we serve as guides, exploring the mystical truths concealed within our collective ability to catalyze profound change amidst the chaos of our times. Through the lens of New Thought, we navigate the delicate balance between action and consciousness, harmonizing the outward manifestations of our efforts with the inner sanctum of our awareness.

Why a discussion group? Now, more than ever, each soul is called to awaken to its innate potential to be agents of transformation, whether through subtle gestures or grand endeavors. Every step taken with reverence for the Sacred contributes to the symphony of healing reverberating throughout humanity—a truth waiting to unfurl in our collective consciousness. Each week will have “homework” involving somatic work, shadow work and sacred activism.

Here's a glimpse into our journey:

Before Arriving: Spend 20 minutes in meditative searching inward to find your response to the question, “What breaks my heart?” Bring your response to our first discussion group.

Week 1: Introduction to Sacred Activism • Exploring the essence of sacred activism and its role in addressing multifaceted challenges • Diving into the mystical truth of transformation amidst chaos • Acknowledging the individual's capacity to effect change with reverence for the Sacred

Week 2: The Nature of Global Transformation • Unpacking the deep impulses guiding human transformation • Examining subtle forces shaping our lives and surroundings • Reflecting on the fear of change and its ramifications



Week 3: Embracing Change and Overload • Acknowledging the significance of all forms of change • Discussing the implications of continual overload in modern life • Exploring avoidance as a response and its impact on personal and global matters

Week 4: Media, Information, and Responsibility • Analyzing the role of media and information overload in shaping perceptions • Exploring mature responses to negative news and global crises • Considering individual responsibility in addressing environmental degradation, conflict, and human rights violations

Week 5: The Power of Human Creativity and Service • Recognizing the transformative potential of awakened human souls • Understanding the impact of creative energy channeled towards serving humanity • Discussing how individual actions contribute to personal and global enlightenment.

Week 6: Sacred Activism in Politics and Policy • Examining the convergence of sacred activism with political and policy-making processes • Exploring strategies for promoting social justice, environmental sustainability, and inclusive policies • Discussing individual roles in holding policymakers accountable and advocating for change

Week 7: Sacred Activism and Environmental Justice • Delving into the significance of environmental justice in sacred activism • Exploring the interconnectedness of environmental issues with social, economic, and racial justice • Examining grassroots and community-based approaches to environmental activism

Week 8: Cultivating Sacred Activism in Daily Life • Reflecting on personal practices aligned with sacred activism • Creating personal action plans for integrating sacred activism into daily life • Sharing insights, experiences, and commitments to ongoing activism and service

Together, we embark on this sacred journey of transformation, recognizing the interconnectedness of all beings and the potential for profound change when guided by reverence for the Sacred.

Rev. Dr. Cynthia Lindenmeyer, now based in Florida, is founder of The Sacred Activism Community, and an ordained CSL minister. For more on her and her work, visit sacredactivismcommunity.org/welcome-to-sacred-activism-today/about-cynthia

Rev. Katie Rocks-Brigati serves on the ministerial team at Creative Life Spiritual Center, a CSL affiliate in suburban Houston. She enjoys working in diverse communities and is an advocate for youth mental health and the empowerment of underserved populations.

To register: Please email info@creativelife.org with your intention to attend, and a Zoom link will be sent to you. To financially contribute to the event, please visit creativelife.org and click on the “donate” box on the left.

With questions: Please email Dr. Cynthia at cynthia@sacredactivismtoday.org.